



**FutureLink**  
PUBLISHING

**Secondary**  
**SEAL 4 parents**

# SEAL 4 parents

A comprehensive, ready to use programme in the social and emotional aspects of learning (SEAL) for schools to use with the parents, carers and families of secondary school students.

Things are so much better at home. I have learnt to be more assertive and I actually carry out the consequences we agreed. What a difference!

I never thought I'd be able to stop myself from getting angry and shouting but I have. My relationship with my son is 10 times better.



#### **FULLY TESTED AND EVALUATED**

This programme has been successfully delivered to parents whose children are at risk of exclusion, who do not attend school regularly and whose attitudes to learning are negative.

Outcomes have seen an increase in attendance, improved behaviour with no further exclusions, and an increase in engagement in learning and attainment.

Every parent strongly recommended the programme and rated it as engaging, useful and beneficial to them.

**To order today visit [www.futurelinkpublishing.co.uk](http://www.futurelinkpublishing.co.uk) or call 0800 334 5145**

## Secondary SEAL 4 Parents



### What is special about SEAL 4 Parents?

- Engages hard-to-reach parents and carers
- Easy to implement – all resources included for 8 sessions
- Supports the achievement of the 'Parental Engagement Quality Standard' (PEQS)
- Supports OfSTED/ESTYN focus on effective engagement with parents and carers
- Fully piloted and evaluated
- Written by practitioners (and parents!)

### What does SEAL 4 Parents consist of?

- A hard-wearing file with everything you need to deliver eight SEAL 4 Parents sessions
- Motivating, fun PowerPoint™ Presentations, handouts and facilitator notes
- Full guidance on how to engage parents, set up and deliver the course
- CD-ROM of all materials
- Evaluation available on-line at [www.futurelinkpublishing.co.uk](http://www.futurelinkpublishing.co.uk)

### Sessions include:

What is self-esteem, why does it matter and how can I develop it in my child?

Talking to your teenager - how to communicate effectively ....communication.

What is SEAL and what does it have to do with me?

How can I motivate my teen?

Becoming an assertive parent.

Emotions - understanding and managing them (yours and theirs).

Understanding the teenage brain and how it affects behaviour.

Helping your child to make wise choices - sex and drugs!

## SEAL 4 Parents Order today

**£120**  
PER COPY

SEAL 4 Parents is available from FutureLink Publishing at a cost of £120. FFI or to order a copy:

FutureLink Publishing, 16 Harford Square, Chew Magna, Bristol BS40 8RA

T: 0800 334 5145 E: [sales@futurelinkpublishing.co.uk](mailto:sales@futurelinkpublishing.co.uk) W: [www.futurelinkpublishing.co.uk](http://www.futurelinkpublishing.co.uk)