

1. Aims of the Self-assessment in SEAL tool (SAST)

The SAST has been designed for children to **assess and profile** their own knowledge, understanding and skills in each of the five key social and emotional aspects of learning (SEAL), the framework used by the PNS SEAL curriculum:

- Self-awareness (and self-valuing)
- Managing feelings
- Motivation (and learning behaviours)
- Empathy
- Social skills

The SAST is designed to be completed over the course of a SEAL stage (the Foundation Stage; KS1; KS2: Y3+4; KS2: Y5+6), and can be kept to show how their skill profile builds up right through from nursery until Y6.

Completion of the SAST on an ongoing basis enables children to:

- Reflect on, and discuss, what they have learnt and how they have applied their learning, thereby reinforcing and embedding SEAL
- Reflect on their skills and areas for development in SEAL
- Set their own targets for development and formulate a plan to address these
- Review and evaluate their learning in SEAL over time

Completion of the SAST enables adults to:

- Reinforce learning
- Apply the principles of assessment for learning, and plan for individuals and groups of children
- Find out how children view their own skills and progress
- Develop personalised learning opportunities for individual children
- Use self-assessment (and targets set as a result of the assessment) to contribute to access plans or individual education plans for children with Special Educational Needs in this area
- Complete adult assessments of children's skills in SEAL using children's own views to inform this process (e.g. the 'Assessment, profiling and evaluation tool' (APET *) and the relevant statements from the Foundation Stage Profile (Early Years Foundation Stage Profile)
- Evaluate the effectiveness of teaching and learning in SEAL through valuing and using pupil voice.

* See footnote, page 1