

















Sample pages from the 'Self-assessment booklets' ('All About Me')

- Foundation Stage (Managing feelings + Motivation)
- KS1 (Managing feelings)
- KS2 (Y 3+4) (Managing feelings)
- KS2 (Y 5+6) (Managing feelings)





Self Assessment in
S.E.A.L.
Social and Emotional Aspects of Learning


<p style="text-align: center;">[rnt0 ((r0(u r0)qr0 M T00 00 j v0)0 r0(000) v0 i i qr00 i 0nt</p> <p style="text-align: center;"><u>O cpci kpi "o ("hgrkpi u</u></p> <p>30 K'ecp'y ck'o ("wtp0"  .. </p>  <p>40 K'ecp'ecro "o { ugrh'f ay p'yj gp'K'hgrn"  ..  cpi t ("qt'uectgf 0</p> <p>50 K'ecp'o cng'o { ugrh'hgrndgvgt'yj gp'K'hgrn  ..  ucf 0"</p>  <p style="text-align: center;">! (N) zntys(00) t0p00(88? =</p>	<p style="text-align: center;">[rnt0 ((r0(u r0)qr0 M T00 00 j v0)0 r0(000) v0 i i qr00 i 0nt</p> <p style="text-align: center;"><u>I qvvlpi "vi q"l qd" f qpg</u></p> <p>30 K'ecp'o cng'o c'r rcp'hqt'o { ugrh'cpf "ectt ("  ..  k'qvw0</p> <p>" K'ecp'o cng'o c'r rcp'y kj "qj gt'r gqrng0"  .. </p>  <p>40 K'ecp'nggr "i qkpi "y kj "o { "r rcp."gxp"  ..  yj gp'k'k'j ctf 0"</p>  <p style="text-align: center;">! (N) zntys(00) t0p00(88? ></p>
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O cpci kpi "o { "hggrkpi u

30 K"ecp\vgnm{(qWcdqwr/c"Vio g"K"j cf "xgt{ " cpi t{ "hggrkpi u"cpf } ay "k/hgnvO .. 





40K"ecp\vgnm{(qWcdqwr/c"Vio g"K"cevgf "" ykj qwr"vj kpnkpi "vj tqwj "yj cv"K"y cu" f qkpi ""yj gp"K"y cu"to r vnukg-O 




< ¹ (N) zntys(O) ttparo(88? =

[mnd ((n(u m/qr(M T B t) v))u n(CSny((i on)E

50 K"ecp\vgnm{(qWcdqwr/c"Vio g"K"vj qvj j v"" ectghwri "dghqtg"K"K" f k" uqo gvj kpi O 


60" K"hpqy "uqo g"y c(u"va"ecro "f ay p"yj gp"K j cxg"vpego hqt vcdrg"hggrkpi u"rimg"cpj gt# qt"hgctO 



< ¹ (N) zntys(O) ttparo(88? =

[mnd ((n(u m/qr(M T B t) v))u n(CSny((i on)E: 3<1

Section 2
Managing my feelings

30 K"ecp\vgnm{(qWuqo g"qh"vj g"vj kpi u"vj cv" o cmg"o g"cpj t{ ""o { "vrt k i gtubO" 


3	4	5	6	7	8	9	:	:	32
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40 K"ecp\vgnm{(qWvj cv"K/hggru"rimg"cpf "yj cv"j cr r gpu"vq"o { "daf { " yj gp"K"i gv"cpj t(O

3	4	5	6	7	8	9	:	:	32
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50 K"ecp\vgnm{(qWvj { "k"u"lo r qtvcpv"vq"vt{ "va"ecro "f ay p"cu"uqap" cu" { qWuwctv"hggrkpi "cpj t(O

3	4	5	6	7	8	9	:	:	32
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60 K"vpf gtuwcpf "uqo g"qh"vj g"hggrkpi u"vj cv" r gar"ng"o k j v"j cxg"yj gp"vj g{ "j cxg"ruw" uqo gqpg"qt"uqo gvj kpi "to r qtvcpv"vq" vj go O" 


3	4	5	6	7	8	9	:	:	32
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> ¹ (N) zntys(O) ttparo(88? ?


[mnd ((n(u m/qr(M T B t) v))u n(CSny((i on)E: 3<1

70 K"ecp\vgnm{(qWvj cv"K/hggru"rimg"o g"rimg"yj gp"vj kpi u"ej cpi g

3	4	5	6	7	8	9	:	:	32
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80 K"vuwri "uwr"cpf "vj kpn"dgghqtg"K"cev." gxgp"K"K"co "hggrkpi "cpj t{ "qt"uvt guugf O" 

3	4	5	6	7	8	9	:	:	32
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90 K"co "i qqf "cv"ecro kpi "o { ugrh"if ay p"" yj gp"K"co "hggrkpi "cpj t{ "qt"uectgf "" "hqt"gz co r ng"yj gp"K"co "f qkpi "" uqo gvj kpi "pgy -O 

3	4	5	6	7	8	9	:	:	32
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> ¹ (N) zntys(O) ttparo(88? ?

