



**FutureLink**  
PUBLISHING

**SEAL Resources**  
for Early Years Foundation Stage,  
Primary Schools and Families



# SEAL Resources

for pupil well-being and  
effective parent engagement

Written by key authors of the DfE Primary SEAL materials.

*“Effectively meet OFSTED’s new emphasis on pupil well-being and effective engagement with parents. Couldn’t have come at a better time!”*

Angela Burridge, Head Teacher, Bristol

*“Quality practical and teacher friendly resources, grounded in research and best practice... motivate and engage the whole school. Generally invaluable!”*

Professor Katherine Weare, Advisor to DfE on SEAL policy

**Inside:**

- SEAL Assemblies ..... p2
- SEAL Songs in Action ..... p2
- PSED Through SEAL (EYFS) ..... p3
- Classroom Stories for SEAL ..... p4
- Whole School SEAL: Posters and Certificates ..... p5
- Assessing Children’s SEAL Skills: Tools for Self-Assessment & Teacher Assessment ..... p6&7
- Involving Families in SEAL: The Parents Pack ..... p8
- National Anti Bullying Week: A Family Resource ..... p8



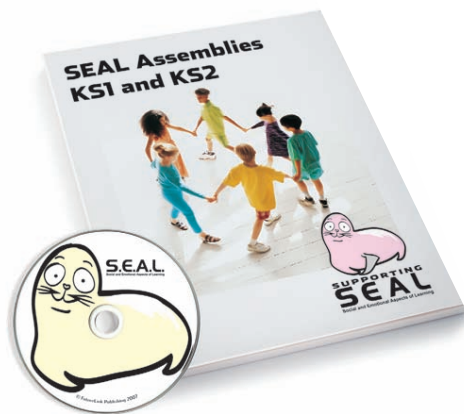
See page 3 for NEW  
PSED Through  
SEAL

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## SEAL Assemblies

**£69**  
PER PACK

Supplement your SEAL assembly resources for each of the 7 SEAL Themes with this quality collection of interactive, thought-provoking assemblies for children of all ages.



### SEAL Assembly File

*“These sensitive and moving assemblies save hours of time. They captivate and engage children’s hearts and minds. They exemplify key theme messages and are perfect for busy head teachers.”*

Debbie Ward, Head Teacher

- 23 quality scripted and illustrated interactive assemblies
- Directly linked to 7 SEAL Themes – ready to use for busy heads!
- Appeal to all age-ranges – engaging introductions, fun, interactive stories and stimulating ideas for exploration and reflection
- Captivating illustrations to display on screen. Suggestions for music, art work and ‘wise-words’ to accompany each assembly
- Fully linked to Values Education
- CD-ROM of all materials included.

All SEAL assemblies are written by Maggie Walker, author of DfE SEAL assemblies.

Maggie is a children’s writer, ex-primary Head Teacher, LA Advisor on PSHE, Ofsted Inspector and major contributor to the DfE SEAL materials.

## SEAL Songs in Action

**£25**  
PER CD

Exciting, appealing and memorable songs - multi-cultural in nature. Cover a wide variety of styles: traditional, reggae, dance, hip hop and rock!

- Two separate resources of 14 songs for Key Stage 1 and Key Stage 2
- Ideal for both specialists and non-specialists
- Two songs for each SEAL theme
- CD providing vocal and backing tracks
- CD ROM with PowerPoint™ presentation of all lyrics that can be photocopied
- Stimulating questions to support follow-up work in class or assembly
- Explicitly linked to SEAL learning outcomes for each year group
- A really effective way of consolidating and extending the learning of each SEAL theme.



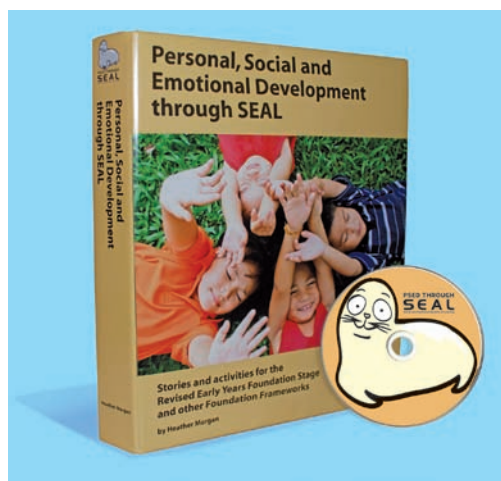
### SEAL Songs in Action

This resource is designed to support schools in developing and promoting SEAL skills of self-awareness, managing feelings, motivation, empathy and social skills.

Written by Geraldine Gaunt (School Improvement Officer for Music in Wakefield) and Phil Needham (Advisory Teacher for Music in Wakefield) with lyrics and original concept by Melanie Barber (Primary Strategy Consultant for Behaviour, Attendance and SEAL). They all have extensive experience of teaching and writing support materials for primary aged children.

## Personal, Social and Emotional Development through SEAL for the revised Early Years Foundation Stage

Packed with stories, activities and resources for promoting Personal, Social and Emotional Development in Early Years Settings.



Fully linked to PSED in the Revised Early Years Foundation Stage (Foundation Phase in Wales), SEAL and Values Education.

### What does the resource consist of?

- 21 sensitive, engaging short stories to promote self-confidence and awareness and help children manage their feelings, behaviour and relationships
- Captivating full-colour illustrations to display on the interactive white-board
- Hundreds of ideas, resources and pictures for follow up activities in Key-Worker Groups, and Whole Class Plenaries

*"An excellent resource which provides the key tools practitioners need to develop children's personal, social and emotional skills. These beautifully illustrated stories and activities will resonate with children's everyday lives, and are engaging, teacher friendly and represent best practice in Early Years Education."*

**Professor Katherine Weare**

Former advisor to the Government on children's personal and social development.

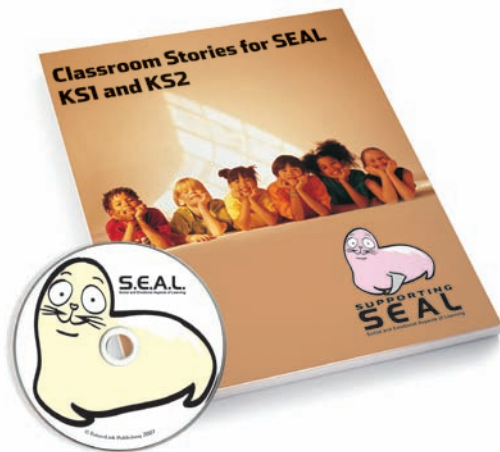
### Use the stories and activities to bring SEAL alive

- Respond to incidents with a timely story!
- Develop children's skills in the three aspects of PSED:
  - Self-confidence and self-awareness
  - Managing feelings and behaviour
  - Making relationships
- Support children in acquiring the dispositions and skills of Active Learning:
  - Being involved and concentrating
  - Keeping trying
  - Enjoying achieving what they set out to do





Hundreds of ideas for promoting SEAL learning with a range of ready to use classroom SEAL stories and activities that meet the learning outcomes for each of the 7 SEAL Themes.



### Classroom Stories for SEAL

Develop understanding of SEAL skills and strategies. Each story includes a range of ideas for SEAL and Values development. Entitled 'Springboards', these include:

- Ideas to encourage exploration of the key themes and Values illustrated by the stories. Helps children develop empathy with the characters, make links to their own experiences and encourage reflection.
- Additional suggestions for activities to develop children's emotional vocabulary and an understanding of their own and others' feelings.
- Extra activities and questions to teach and reinforce skills and strategies for managing emotions, solving problems, taking responsibility and making positive choices.

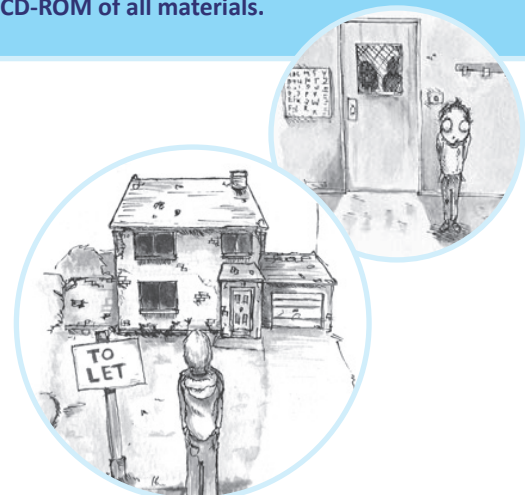
*"The children loved all of the stories in this pack – they never failed to move and to provoke quality discussion, debate, reflection and real SEAL learning."*

Liz Gorard, SEAL Coordinator, Bristol

*"These stories bring alive the ideas suggested in the original materials – just what we were waiting for."*

Tom Pyne, Assistant Head, Bristol

- 16 sensitive, engaging short stories to promote empathy and engage children's hearts and minds
- Directly linked to the 7 SEAL Themes
- Captivating illustrations to display on the interactive white-board
- Perfect for use in Circle Time or in literacy sessions
- Respond to incidents with a timely story
- Fully linked to Values Education
- Stories for KS1 and KS2 can also be used as additional assemblies
- CD-ROM of all materials.



All SEAL stories are written by Maggie Walker, author of DfE SEAL assemblies.

Maggie is a children's writer, ex-primary Head Teacher, LA Advisor on PSHE, Ofsted Inspector and major contributor to the DfE SEAL materials.

# Whole School SEAL: Posters and Certificates

POSTERS &  
CERTIFICATES

£25

Give your whole school a high-profile SEAL FEEL! Each pack contains 7 full-colour A3 posters (one per SEAL theme), 28 high-status A4 SEAL skill certificates and nomination slips, to photocopy as required.

- Include the whole school community in promoting the application of target SEAL skills – eye-catching A3 posters remind everyone of the ‘focus skills’ of the current theme
- Reward and celebrate the application of SEAL skills using the high-status certificates

Research shows that the embedding and practical application of SEAL skills around the school, in the playground, at home and in the community, require encouragement, recognition and celebration. We get more of the behaviours that we notice and reward!

*“The children have started nominating each other AND teachers now! It’s SEAL fever!”*

Each theme poster lists four specific SEAL skills to be on the look-out for. The skills chosen for each theme reflect those suggested in the DfE SEAL curriculum booklets as a ‘Whole-school focus for noticing and celebrating achievement’.



The pack provides master copies of 28 A4, full colour SEAL certificates. There are four certificates per SEAL theme, each relating to one of the targeted SEAL skills displayed on the poster for that theme.



## The Posters

Each of the theme specific A3 colour posters invites everyone in the school community (teachers, support staff, midday supervisors, visitors) to ‘catch children being good!’ – in this case by putting a SEAL skill into practice!

Displaying the posters around the school reminds adults and children to use, promote and notice the targeted skills, offering a focused, consistent, whole-school ‘push’ on the skills being taught through the SEAL curriculum.

*“We had so many nominations in the first week we had to use a raffle system to decide who would receive a certificate from each class! But everyone who was nominated got a house-point so no-one lost out.”*

## SEAL Reward Certificates

Children seen applying a targeted SEAL skill can be nominated for a certificate (nomination slips provided). Anyone can nominate a child – teachers, visitors, caretaking or administrative staff, support workers, parents – thereby involving the whole school community.

Children can then be rewarded in celebration, achievement or SEAL assemblies with the relevant certificates.

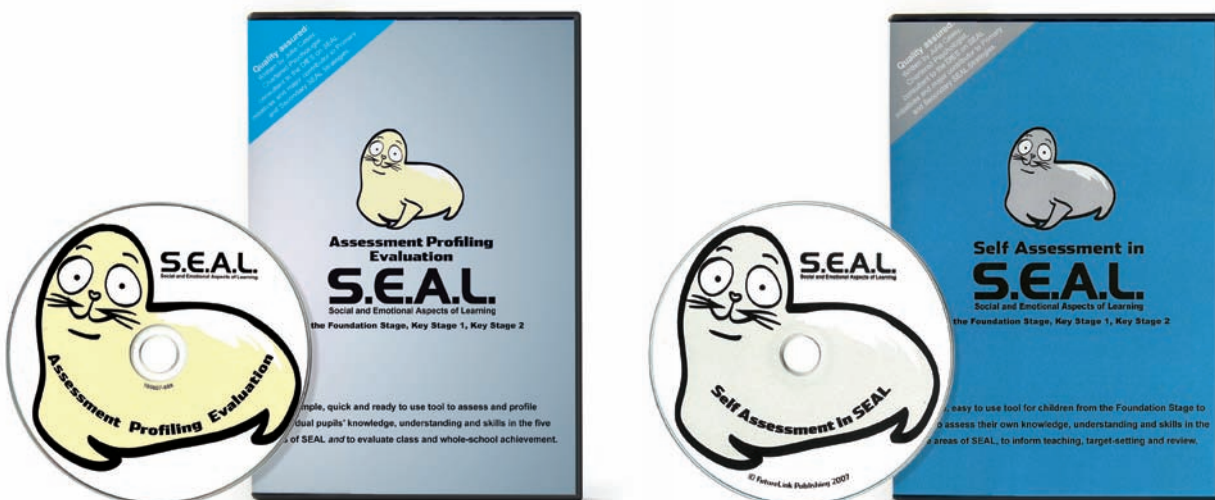
*“Really brought the midday supervisors on board with the whole SEAL strategy. They loved being part of it, and even came in to the assemblies to give out the certificates.”*

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## Assessing Children's SEAL Skills: Tools for Self-Assessment & Teacher

Two simple, quick and ready to use tools to assess and profile individual pupils' knowledge, understanding and skills in the five social and emotional aspects of learning.

Self-awareness • Managing feelings • Motivation • Empathy • Social skills



### Assessing Children's SEAL Skills

*“In the thorny area of SEAL assessment these tools stand out as models of good practice. Clear, comprehensive, and manageable in busy classrooms, they offer crucial and robust information (and not just for the SEF although good for that!) which really makes a difference to the individuals at the heart of SEAL - the children and those who work with them in schools.”*

**Professor Katherine Weare, Advisor to DfE on SEAL policy**

- Link directly to SEAL curriculum learning outcomes and Early Years Foundation Stage Profile
- Provide comprehensive profiles and progression pathways for individuals and groups
- Support Assessment For Learning and Assessing Pupil Progress
- Enable monitoring and evaluation of SEAL input and outcomes at individual, class and whole-school levels
- Provide robust evidence of impact of the revised OFSTED and ESTYN frameworks, with the new focus on pupil well-being.

### Tool 1 Teacher Assessment Profiling and Evaluation Tool (APET) offers:

TOOL 1  
£69

#### Individual assessment and profiling:

- Assessment of pupils' skills in SEAL for planning and personalisation - supports AFL and APP
- Comprehensive profiling at transfer points and for SENCOs
- Early identification of pupil strengths and vulnerabilities.

#### Monitoring

- An invaluable tool for monitoring SEAL input for busy senior leaders and coordinators of SEAL/PSHE

#### Evaluating class and whole school achievement and progress

- Robust evidence for the revised SEF
- Collated information: numbers of children performing above, at, and below expectations in SEAL – ideal for reporting to governors, parents, OFSTED/ESTYN and other stakeholders.

### Tool 2 Pupil Self-Assessment in SEAL provides:

TOOL 2  
£69

#### Opportunities for children to:

- Reflect on and discuss what they have learnt and how they have applied their learning, thereby reinforcing the embedding of SEAL
- Reflect on their strengths and set targets for development in SEAL.

#### Opportunities for adults to:

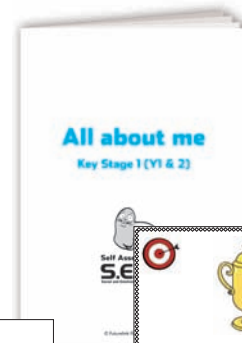
- Reinforce SEAL learning
- Apply the principles of AFL and plan for individuals and groups of children
- Find out how children view their own skills and progress
- Contribute to end of phase/key stage/year group transition practice.

**Self-assessment in SEAL: Target setting**  
Key Stage 1

Name: \_\_\_\_\_ Date: \_\_\_\_\_

When you have finished a section of 'All about me', choose one sentence that describes what you do well, and one sentence that describes what you would like to get better at. Fill in the chart below to record your target for getting better, and what you will do to get better. Don't forget to look again and check on your progress!

Knowing myself	How I will know I have achieved my target	What I will do to get better	Review
1. What I do well already			
2. What I want to get better at:			



**Self Assessment in SEAL: Group record sheet**  
Key Stage 2 Years 5&6

**Group record sheet: Key Stage 2 Years 5&6**

This group record sheet is a flexible tool that can be used for:

- Recording records of self-assessment
- Identifying children for the next lesson
- Providing assessment information at a glance for reports to parents or other agencies
- Contributing to end of phase/year group transition practice

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The SEAL Assessment, Profiling and Evaluation Tool (APET)  
An introduction for foundation stage, KS1 and KS2 staff

SEAL Assessment, Profiling and Evaluation Tool					
School-wide patterns of achievement					
Year	No. of pupils	No. of pupils achieving	% of pupils achieving	No. of pupils achieving	Comments
Year 1					
Year 2					
Year 3					
Year 4					
Year 5					
Year 6					
Year 7					
Year 8					
Year 9					
Year 10					
Year 11					



#### The Teacher Assessment includes all you'll need:

- Full guidance and best practice in the assessment of SEAL
- CD-ROM for printing copies of:
  - Pupil assessment forms
  - Teacher planning and record keeping forms
  - Proformas for collating whole school information
  - PowerPoint™ presentation for teacher familiarisation.

#### Pupil Self Assessment includes all you'll need:

- Full guidance and best practice in the assessment of SEAL
- CD-ROM for printing copies of:
  - Self-assessment booklets for EYFS, KS1, KS2 (Y3&4) and KS2 (Y5&6)
  - Teacher planning and record keeping forms
  - Target setting sheets and individual skills profiles
  - Certificates
  - Links to teacher assessment tool.



# Involving Families in SEAL: The Parent Pack

**£5**  
PER PARENT  
PACK

A set of 7 practical, parent-friendly booklets (one per SEAL theme, e.g. 'New beginnings', 'Getting on and falling out'), to support parents<sup>1</sup> and families in developing and reinforcing SEAL skills at home.

## SEAL for Families

### The Parent Pack (for parents of children in EYFS, KS1 and KS2)

- Engages parents in supporting SEAL at home
- Improves effectiveness of SEAL work in school
- Fosters healthy parent-child relationships at home
- Helps develop meaningful home-school partnerships
- Supports new OFSTED/ESTYN focus on effective parental engagement.

## Why a Parent Pack?

We know that SEAL skills need to be practised and reinforced in the environment if they are to be used and become embedded. In fact 80% of SEAL learning takes place outside of the classroom. Whilst children might learn in a SEAL lesson that counting to 10 helps some children calm down, in order to be able to apply this when it is needed they need support and opportunities to practise in real life situations.

Schools understand the importance of the environment in helping children to learn and use SEAL skills, which is why so many provide SEAL training for their staff. But children spend 18 hours of their day out of school. The skills that staff learn are just as applicable to parents and carers, maybe even more so! This pack enables parents to access the same skills and understanding available to the children and staff in a fun, accessible and practical format.

<sup>1</sup>The word 'parent' is used in its most inclusive sense to encompass carers, siblings, extended family and community members.

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## The Parent Pack includes

Over 200 tips categorized by SEAL theme to help parents understand and use:

- Peaceful problem solving
- Family charters
- Praise
- Active listening
- I-messages
- Assertiveness
- A shared definition of bullying
- Anger management techniques
- Strategies for building their child's confidence.



## National Anti-Bullying Week: A Family Resource

PERFECT FOR  
ANTI-BULLYING WEEK

**£1**  
PER GUIDE

### 'Say no to bullying' A one-stop guide for parents and families (EYFS-Y6)

- Case studies from parents and children
- Fascinating Facts (explain and inform)
- Top Tips: What to do if your child is bullied ...is a witness ...is using bullying behaviour
- Quick checklists
- Useful contacts.



Terminology and content reflect what children learn through SEAL and is consistent with DfE and Anti-Bullying Alliance principles and guidelines.

Please note the Parent Pack includes the "Say no to bullying" booklet.